



Canadian National Autism Foundation

December 2013 Newsletter

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Foundation Goals

The objectives of the Canadian National Autism Foundation are charitable. The Canadian National Autism Foundation has been formed to provide funding for:

- * Educating the general public and professionals;
- * Providing information and resources to families of children with autism;
- * Providing funding for Canadian based research and Development; and
- * Promoting national autism awareness

Mission Statement

The Canadian National Autism Foundation promotes the positive improvement and quality of life for people with autism in Canada.



AWARD

Dear Tina Fougere,
Congratulations on being nominated by your local Chapter of the Ontario Council for Exceptional Children (Ontario CEC) for the provincial "Yes I Can!" award. As a "Yes I Can!" award recipient, we will be celebrating your achievements at a special presentation during the 57th Annual Provincial CEC Conference to be held in Niagara Falls, Ontario on Saturday, November 23, 2013. The award celebration, in honour of you and others from around Ontario,



President of CNAF Tina Fougere name was put in by the Hamilton Wentworth School Board Autism Spectrum Team again and was chosen and honored on October, 2013 with the YES I CAN AWARD PRESIDENTS AWARD for ALL ONTARIO. In May 9, 2013 Tina won the REGIONAL YES I CAN AWARD FOR YES I CAN

Mailing Address: Canadian National Autism Foundation
38 King Street East, P.O. Box 66512
Stoney Creek, Ontario L8G 5E5

SAVE THE DATE



November 16th **Premiere Screening**

“Learning to be Social”

Innovative training for
people on the autism spectrum

Join Us for the Premiere of
“Learning to be Social” - featuring a cast and crew
of people with ASD. This unique and entertaining
video brings specialized social skills training to the
computer screens of Canadians with ASD across the
Nation. **Save the date for this exciting event!**

November 16, 2013

Innis Town Hall Theatre, Toronto

7pm - 9pm

Details to be announced

This event is sponsored by:

Canadian National Autism Foundation



**HAWKINS
ONLINE
INSTITUTE**



ERNIE ELS
ELS FOR AUTISM



**UNITY FOR
AUTISM**

This night's premiere our Canadian National Autism Foundation sponsored this to be viewed in the theatre for guests by private invitation only, the Actors-their families as well as media. One member of our foundation Jenn McGrath was also in the productions as well as good friend of the foundation David Beresford and someone we knew would do a good job and gave his name to be interviewed. Pictures below are of the Premiere Night

The first picture is of CNAF President Tina Fougere; David Beresford was in the production, CNAF Board Member Jenn McGrath also in the production. 70% of the cast, crew etc were on the autism spectrum and will also be involved in the web based training to help others

Second picture is of Vice President Paul Reilly, Presidents son Nathan Fougere, President Tina Fougere and Gail Hawkins from Hawkins Institute and the one whose idea this all is and who put it all together. She will be a part of the web based training

"LEARNING TO BE SOCIAL"

An innovative training series for people on the autism spectrum

ABOUT THE SERIES

Based on the training methods of Gail Hawkins – founder of Hawkins Institute in Toronto, and author of *How To Find Work That Works for People With Asperger Syndrome* – "Learning to be Social" is an interactive web-based training series for people with ASD (Autism Spectrum Disorder) - featuring people with ASD.

The series uses a positive, respectful approach; incorporates interactive quizzes to improve retention and foster learning; and focuses on building a strategic skills' foundation to help people with ASD improve social and communication skills. It is accompanied by a downloadable workbook designed with both the viewer and a support person e.g. family member, teacher or counsellor, in mind. The workbook plays an integral role in helping the viewer apply the information learned in the series and provides explanations, exercises and assignments as well as observation templates and instruction for support people - to assist them in focusing the viewer and provide important feedback.

ABOUT HAWKINS ONLINE INSTITUTE

Hawkins Institute has been helping people with ASD leverage strengths to overcome challenges for 20 years. Hawkins recently decided to reach beyond bricks and mortar to offer online programming - innovative and entertaining on-demand training videos - without borders. The goal is to make services accessible and affordable to everyone with Internet access.

We don't just train, we employ!

Our commitment to people with autism goes beyond offering training – we employ and utilize their strengths in every production. Revenues generated from our on-demand training videos go to producing more programs – which hire more people on the spectrum.

"Learning to be Social" will be launched in January, 2014 and will be available online at www.hawkinsinstitute/online.com. The cost will be \$30.

If you enjoy the series, help spread the word. When the series is launched - please forward the email notification to your network. With your support, "Learning to be Social" can help countless people realize their potential!

EPISODE GUIDE

Introduction

ACT ONE - AWARENESS

Positive vs Negative Attention
The Impression Episode
Strategies

ACT TWO - CONVERSATION

Listening
Speaking
Questions & Comments
Small Talk

ACT THREE - BODY LANGUAGE

Context
Body Language Guide

ACT FOUR - SOCIAL MANNERS

Social Expectations
10 Manners that help make you approachable

ACT FIVE - HUMOUR

The Importance of Humour
Joking or Serious?
Safe Humour
Responding to Humour

ACT SIX - FRIENDSHIP

Stages of Friendship
Where to Meet People



President Tina Fougere, David & Jenn



VP Paul Kelly, Nathan Fougere, President Tina Fougere & Gail Hawkins

AUTISM WALK-A-THON July 2014

If you would like to volunteer please call the foundation office 905-930-8682 or email the foundation info@cnaf.net

AUTISM STUDY LOOKING FOR PARTICIPANTS

The Offord Centre for Child Studies at McMaster University is looking for families of children with a diagnosis of autism attending kindergarten. Families are wanted to help complete a study attempting to validate the special needs section of the Early Development Instrument (EDI), which is completed by kindergarten teachers and provides a snap shot of children's early development. Interested families are being asked to give permission for a research assistant to contact their child's teacher to fill out an EDI questionnaire. Parents will also be mailed two brief questionnaires to complete. We are conducting a study examining the prevalence of Autism among children

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This study is sponsored by the Public Health Agency of Canada (PHAC).

Investigators are: M. Janus, PhD (P.I.), member of the Offord Centre for Child Studies and McMaster's Faculty of Health Science, and P. Szatmari, M.D., formerly of the Offord Centre and now head of an integrated Child and Mental Health program on behalf of SickKids, CAMH and the University of Toronto.

If you would like to find out more about this study, please contact:

Matt Horner
Research Coordinator
Phone:
905-521-2100 Ext. 74352
mhomer@mcmaster.ca



EARLY DEVELOPMENT INSTRUMENT
a population-based measure for communities



Offord CENTRE FOR CHILD STUDIES
Chedoke Campus - Patterson Building
566 Sanatorium Road
Hamilton, ON L8C 1Y3
Phone (905) 521-2100 Ext 74352

Validation of EDI data to monitor the prevalence of Autism (Spectrum Disorders)



Offord Centre for Child Studies,
McMaster University



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Purpose of this study

The Public Health Agency of Canada is developing a new program seeking to better understand the prevalence of Autism (Spectrum Disorders). One of the tools being investigated is the EDI.

The EDI is a kindergarten teacher-completed checklist which covers five developmental domains: physical health and well-being, social competence, emotional maturity, language and cognitive development, and communication skills and general knowledge.

We hope to validate the EDI data that relates to Autism (Spectrum Disorders) to better understand the disorder's prevalence.

Who can join this study?

We are looking for families of children who:

- 1) have Autism (Spectrum Disorder) and
- 2) are between 4 and 6 years old and
- 3) are attending kindergarten in the Fall, 2013

WHAT DOES THE STUDY INVOLVE?

First, we are asking to contact your child's school teacher to get them to complete an EDI questionnaire. The questionnaire will provide information on your child's early development.

We also are asking you to complete two brief questionnaires, one providing information on some of the Autism services you may have used in the past, and the other regarding some of your child's developmental needs.



NEW CNAF AUTISM MERCHANDISE-----Order it on Pay Pal through our Website at <http://www.cnaf.net/fundraisers.htm>

Woman's pink visor and men's black baseball hat



Kids, woman's (v-neck) and men's t-shirts



GOOD NEWS

FIRSTLY The foundation has had an anonymous donator that has done some good deeds and put our foundations name to one of them. The first donation was **\$400.00** donated to Community Cares St. Catherines and Thorold Ontario to aid in food, clothing and toys The donators knows of many that go to this Center that have loved ones on the Autism Spectrum so he thought that was where he would donate and put that CNAF donated it

SECONDLY Bowlerama in Stoney Creek , Ontario was doing a fundraiser for 1 week this month with our foundation being the beneficiary which raised a few dollars short of **\$500.00** This donator donated **\$200.00** for a foundation contest so that families with loved ones on the autism spectrum could win an hour of bowling paid for and shoe rental

THIRDLY as of today he has donated another **\$200.00** for us to run another few contests of foundation merchandise for everyone and also food gift cards for families of loved ones on the autism spectrum These contest will be on our

Foundations blog <http://cnaf.net/blog/>

Friends of the foundation Started 2013 % of sales to our Foundation Brigid's Balm

<https://www.facebook.com/media/set/?set=a.509304982468586.1073741826.111784542220634&type=1>



Friends of the foundation Started November 2013

These new pieces in any color are a new fundraiser as of November that a friend of the Canadian National Autism Foundation is donating \$5.00 from each of any one sold. These can be done in any color. Contact the foundation for information or orders



\$20.00 each



\$25.00 each



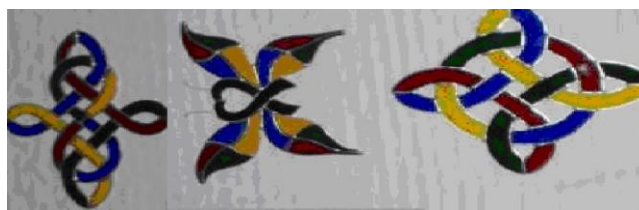
\$50.00 each



\$40.00



\$45.00 each



\$40.00

\$45.00

\$25.00

Autism Halloween Costume Dance & Auction October 25, 2013



What a surprise we had. We had a wonderful surprise guest that sang for Tina on stage as a surprise. Singer Carl Henry won 2 Juno Awards and also many Juno Nominations. Thank you to all the donators and sponsors of our event to make it such a success.

How to Contact Us

Mailing Address

Canadian National Autism Foundation
38 King Street East, P.O. Box 66512
Stoney Creek, Ontario L8G 5E5

Phone Number

905-930--8682

Fax Number

905-930-9744

Email Address

info@cnafe.net

Website Address

www.cnafe.net

Charitable Organization

#867189243 RR0001

How You Can Help

As a charitable organization, the Canadian National Autism Foundation strives to raise funds to achieve our goals and it is with the support of generous organizations, companies and people that we are able to put together fundraising events such as those we have had in the past in order to raise the funding needed.

At this time we are looking for financial support, and this can come in various forms:

- Sponsorship of portions of our events
- Donations of prizes for our events
- Purchase of tickets to our events
- Financial contributions directly towards our goals (i.e. research)
- Casual Dress Days
- Payroll Deductions
- Host a Golf Tournament or Hockey Tournament
- Sponsor or run a Walk-a-thon
- And any other great ideas that you may have, big or small!

Disclaimer

The Canadian National Autism Foundation (CNAF) does not support, endorse or recommend any method, treatment, product, program or person for people suffering with autism spectrum disorders. The goal of our site and our responses to your questions is to provide accurate and up-to-date information about autism spectrum disorders. We believe everyone has the right to access all of the information available to them, allowing them to make their own individual choice.