



Canadian National Autism Foundation

March 2011

Newsletter

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Foundation Goals

The objectives of the Canadian National Autism Foundation are charitable. The Canadian National Autism Foundation has been formed to provide funding for:

- * Educating the general public and professionals;
- * Providing information and resources to families of children with autism;
- * Providing funding for Canadian based research and development; and
- * Promoting national autism awareness

Mission Statement

The Canadian National Autism Foundation promotes the positive improvement and quality of life for people with autism in Canada.

APRIL
IS AUTISM AWARENESS MONTH BUT
APRIL 2ND IS
WORLD AUTISM AWARENESS DAY
We have partnered up with Avon Canada for the
month of April

Foundation Disbursements in early 2011 for 2010

~ **\$5,000.00** SickKids Foundation

Dr. Scherer Premier's Summit Award, Autism Genome Project to help start Phase 3 operations with the new discoveries

~**\$2,500.00** Studio-Sans Limites –Montreal- Autistic adults should have access to it as much as anyone else. Aside from the benefits rendered by the work formation programs to the autistic adults it will open doors to new research opportunities.

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Physical Address: 25 King Street East, Unit #3

Phone: 905-930-8682 **Fax:** 905-930-9744

We also have a new pay pal account for donations set up on our face book and our website

Our Website <http://www.cnaf.net/charityinfo.html>

Check out our new Face book Group

<http://www.facebook.com/group.php?gid=46638352369>

Pop by our new blog for contests and information

<http://cnaf.net/blog/>

FOUNDATION IS INVOLVED IN SOME EXCITING THINGS!!!!!!

And our NEW BLOG –GIVEAWAYS FOR THE MONTH OF APRIL <http://cnaf.net/blog/>

APRIL IS AUTISM AWARENESS MONTH AND THESE ARE SOME OF OUR SUPPORTERS THAT ARE HELPING US TO RAISE AWARENESS BY DONATING TO OUR BLOG GIVEAWAY KEEP WATCHING FOR SOME SURPRISE GIVEAWAYS

Welcome to the CNAF Blog + some Announcements

Finally, after months of planning, we were able to put all our heads together and created the CNAF blog. Debbie is thrilled to be our blogger with Bill & Paul in the background keeping everything ship shape and fixing anything she may break.

This will be your reference to events & giveaways CNAF related.

Now with all that said, I am happy to announce one of our supporters, [kreative studios](http://kreativestudios.com/). Honestly, you have to check out her site. Her items are created and hand made by Kristen. On her site you will find a broad assortment of hand knitted items and jewelry.

20% of proceeds from items in this album will go to the Canadian National Autism Foundation, or autism organization of your choice. From the USA

[kreative studios](http://kreativestudios.com/) has also offered these earrings as part of a giveaway for National Autism Awareness Day (April 2).

Thanks to Sharon to finding this wonderful sponsor.

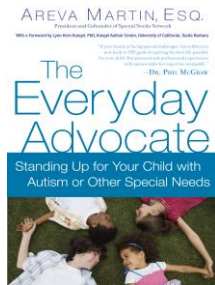
<http://kreativestudios.storenvy.com/>



2 Sets of 4 painted cards

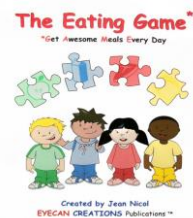


2 sets of 4 Painted cards done by Nathan Fougere 18 year old diagnosed with Autism. These were entered as so may people asked to buy these and we thought that they would be a nice treat to be given away for a contest and he is so excited to have them entered- based in Ontario



AREVA IS DONATING HER BOOK

In **THE EVERYDAY ADVOCATE: Standing Up for Your Child with Autism or Other Special Needs** (NAL Paperback; April 5, 2011; \$15.00) she lays out vital and relevant step-by-step instructions to parents facing the seemingly impossible odds of advocating for a child with autism. Parents need to become activists for their children's rights to services and learn how to safeguard those rights—both in school and in the larger outside world. An invaluable resource, **THE EVERYDAY ADVOCATE** offers practical, real-world actions that work, lists helpful websites and organizations, and gives parents and caregivers the emotional support they need as they face the challenge of successfully standing up for children with special needs. Martin addresses: • Getting a diagnosis • The principles of advocacy • Balancing a career and a child with autism • Navigating the therapy maze • Networking with other families affected by autism • And much more **Areva Martin, Esq.** is the founding and managing partner of Martin & Martin, LLP. Additionally, Martin is the president and co-founder of Special Needs Network, Inc. (SNN), a non-profit launched specifically to support families with special needs children. She lives in Los Angeles.



The Eating Game™ provides a very visual, structured, hands on tool that can be a fun way to plan healthy meals every day! It does not require the user to be verbal or to be able to read and write. It does require the skills of matching colors and making choices. **The Eating Game™** can easily become part of one's daily routine to support behavioral change, encouraging healthy food choices!

The parent or caregiver is initially in control of the pictures that are presented as choices, based on food preferences and availability, both of which can change from day to day. Once the pictures are presented it is the user who is in control of the choices, with direction to fill their daily planning chart with pictures, matching the chart colors. Who would not want to be "in control" of their food choices? Is "control" perhaps one of the issues responsible for the presenting challenge? based in Pictou County, Nova Scotia

APRIL AUTISM AWARENESS MONTH EVENT

**For the Month of APRIL
AVON PARTNERS WITH THE CANADIAN NATIONAL AUTISM FOUNDATION
PUT TOGETHER BY AVON DISTRICT MANAGER BARB DUFF**

Eastern Ontario is involved

**Get the fundraising
RESULTS YOU NEED!**

4 VALUE-PACKED
easy-to-sell sets to choose from!



Call me today!
I'll help you achieve your fundraising goals!

**CANADIAN NATIONAL
AUTISM FOUNDATION (CNAF)**
Thank you in advance for your support!

AVON

UPCOMING EVENTS BE SURE TO CHECK THEM OUT

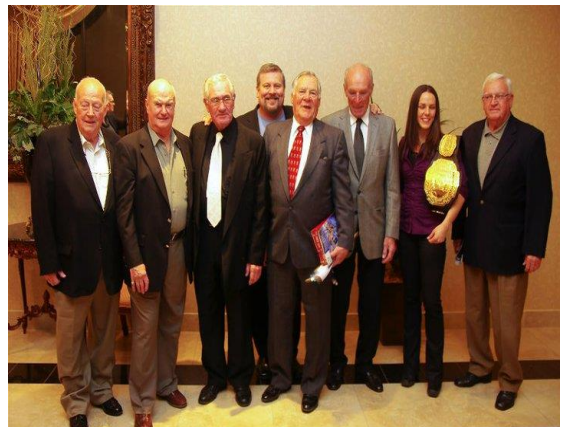


At **Ohsweken Speedway**: “KIDSRACE”
present “Stars Championship Tour North
(Mod Lites)” for the CANADIAN NATIONAL
AUTISM FOUNDATION featuring Corr/Pak
Sprints/Mini Stocks & Bombers (August 26,
2011) Individual & group ticket prices to be
announced. Event has been put on by MMBO
Direct Marketing Ltd. Hamilton.

8th ANNUAL “GOLF FOR AUTISM”
(Late August)



Festive Night with Celebrity Guests
with dinner, auction, silent auction
(November 25th @ Grand Olympia)



Autism Walk-A-Thon : September 25, 2011
(Registration starts at 11 am)

Photo by Ken Price





Autism Awareness Month with our friends at COMIC CONNECTION

April 1st at 11:00am - April 30 at 5:00pm
895 King St. W, Hamilton, ON L8S 1K5

Saturday April 2 is World Autism Awareness Day! Help make a difference in the month of April...

- * We are selling Canadian National Autism Foundation pins, bracelets and magnets, with proceeds going to the Foundation.
- * We also have a counter top donation box year round.
- * On April 2nd, make a \$5.00 donation and receive a pack of Canadian National Hockey Card Day cards.
- * During the month of April, make a \$5.00 donation and get entered in a draw for your chance to win prizes, including but not limited to, an 8 x 10 autographed NHL player photo!!!

EXCITING FEEL GOOD NEWS OF WHAT WE ARE NOW DOING TO PROMOTE SAFETY AND KINDNESS, SOME GREAT EASTER, BIRTHDAY ETC IDEAS AND POSSIBLE SAVING A LIFE BUY PURCHASING AN ITEM





The Canadian National Autism Foundation

Welcome to our new site. The Canadian National Autism Foundation would like to Thank You for having Another Perfect Party by Cody to help fund FREE Amber Alert GPS Safety for Children and Adults with Autism and Special Needs.

Tina Fougere, Founder & President



Goodwill Ambassador Mr. Walter Gretzky



"I support and believe in what Tina is doing!"
Forbes Riley



"Great new venture for CNAF - Congratulations!"
Victoria Boland of AndrewVictoria



"Wonderful idea - I fully support it!"
Hockey Legend Harry Howell





Some of our wonderful supporters:
Connie Smith, CTS TV, Comic Connection;
Tobin King, Boston Pizza Canada; Mike Taylor of Taylor Steel

http://www.savealifepartysupplies.com/savealifepartysupplies/a1_b0.html

YOUR PARTY SUPPLIES & KIDS HEARTBEAT PARTIES FUNDING FREE STATE OF THE ART GPS PROTECTION FOR KIDS AND ADULTS WITH AUTISM AND SPECIAL NEEDS

HOW WOULD YOU FEEL IF YOUR CHILD WAS LOST ? 20% Of Gross Sales on purchases your family or business makes from over 200 Themed Party Packs and over 50,000 Wedding, Party and Halloween Supplies selections will fund GPS SAFETY for Kids and Adults in the USA and Canada with Autism and Special Needs whose FAMILIES CAN'T AFFORD THEM though the Canadian National Autism Foundation. Register the GPS Safety of the one you love below... For those that can afford to protect their children and family please buy your Amber Alert GPS Canada through CNAF below. Thank You, Tina Curno Fougere, Paul Reilly, Paul J Cody, Sandy Masin, Kenneth M Corey

Interesting Information ~ A Good Read

Short Stories by Sean Rogers
22 yr old Diagnosed with Autism

The Butterfly

There was once a butterfly who with the gift of her bright coloured wings could do shape shift and magical. But what she wished for? Was a husband, and, she choose a very charming young man. She gl...anced, through the bedroom window of this special someone; After his graduation, the butterfly flew by and spied a lovely blue violet. But instead found a 19 year old man attractive. The butterfly did not like to take too much trouble, so she flew in through his open window at night time. While the young man slept, the butterfly fluttered down and landed on his nose. She covered his eyes with her wings. In a dream, colours were in the background and right in front of the young man was a woman of black hair in a mini dress.

“Dearest prince”, she said to him, “You are so handsome. Pray tell if you choose me for a wife. Will you marry me? When you decide, I’ll fly back to you, and propose.”

Then the man said, “I am not yet ready, but would you like to come over for a date sometime.” Before he awoke, the butterfly pressed a kiss on his forehead and smiled, “I’d like to”, and flew away.

The butterfly was now between the violet and the human. But which one did she love?

When summer drew towards it’s close; autumn came; But she had not decided. The tuxedo violet had no fresh, fragrant air of youth. It was fake all this time; therefore the butterfly choose the young man. “I will take him”, said the butterfly. Using her wings, she transformed into a pretty human. She could not stay very long because at the stroke of midnight, she would turn back to normal. She had a terrific time with her date. But when the young man asked why she never called him, two lumps were felt in her head. It was her antennae. She could not answer as she rushed out the door. The poor man opened the door and saw a big-winged insect fly off into the moonlight.

He soon realized everything and waited for the creature at bedtime.

As the young man pretended to sleep, the butterfly flew in and placed herself on his nose and explained. But the young man sat up silent as he listened to her. At last he said -

“Friendship, if you please; nothing more. I’m a human and you’re an insect, be we may live for each other just the same; as to marrying- no; don’t let us appear ridiculous at our species.”

And it happened that the butterfly got no husband at all. She had been too long choosing, which is always a bad plan. And the butterfly became what is called a bachelorette.

It was late in the autumn, with rainy and cloudy weather. The cold wind blew over the bowed backs of the willows, so that they creaked again. It was not the weather for flying about in summer clothes; but fortunately the butterfly wasn’t out in it. She had got shelter by chance. It was in a room heated by a stove, and as warm as summer. She could exist here, she said, well enough.

“But it isn’t enough merely to exist”, said she, “I need freedom, sunshine, and someone for a companion.”

Then she flew against the window-pane, and was seen and admired by those in the room who caught her and stuck her on a pin, in a curiosity box. They could not do more for her.

“Now I am perched on a stalk, like the flowers”, said the butterfly. “It isn’t very pleasant, certainly; I should imagine it’s something like being married; for here I am stuck fast.” And with this thought she consoled herself a little.

“That seems very poor consolation”, said one of the plants in the room, that grew in a pot.

“Ah”, thought the butterfly, “One can’t very well trust plants in pots; they have too much to do with mankind.”

The End

A tale about autism and romance even if your crush is animated.

A tale of which I call....

The Autistic Man

...James is a man with autism, who could do more than others and he could talk (although he seems very quiet). A lot of people wouldn't know he had autism.

When he was eight years old in 1996, something happened that changed his life forever. Ariel was James' first crush. James, his Mom and young brother signed out The Little Mermaid at the library. It was just her singing voice that he fell in love with. It happened when in the sequence of which Ariel sings "Part of Your World", as she was swimming and moving her body all around.

But at age fifteen, James had lost interest in Ariel because now he fell for another animated woman. It was Clover from the animated series, Totally Spies! Clover's voice deeply softened James.

Now that James was twenty, he is living on his own in a small townhouse. One night while sitting at his computer, James clicked on the characters file at www.fantasykat.com. James saw lots of character names from shows and movies. Then he scrolled down the page and came across a series called Winx Club. James didn't know what the show was about or who provides the voices. So he clicked on the name, Bloom. But when he did this, a face of such beauty appeared before his eyes. James had never seen anyone drawn so beautiful that he started to get that peculiar feeling. Could it be, it must be and it is.

The next day, James was invited to come Christmas shopping with his brother and Dad. James always finished shopping early for birthdays and holidays because he knows what to get for his family. He would treat himself to something for when he goes shopping at Wal - Mart. James looked in the electronics and was surprised to find Winx Club DVDs. James is very good with both money and numbers and he bought Winx Club vol. 2: The Power of Dragon Fire.

After everyone was done, James' brother asked him what he bought and showed him the DVD. His brother couldn't believe, James bought a girls cartoon. Why would He buy something of a chick flick like Winx Club? The brother didn't want to know.

Today is December the 17th and it's James' 21st birthday. He through a party at his place from 7pm to 11pm. There was no cake this year because he didn't know how to order a cake. But he knew how to make one with the ingredients on the box.

Now came the time for James to open presents. He got a birthday hug and kiss from aunt Cleo. A card with 50 dollars from cousin Kram. Two 30 dollar gift cards for HMV from Uncle Omar. Socks and a Cineplex certificate from his Mom. A 501 Movie Stars book from his brother. And from Dad, He got South Park Season 7. James expected not to get any cartoon DVDs this year. But he accepted the 3-disc set because he never had a crush on a South Park character. Ten minutes to eleven came. The party now ended. James thanked everybody for coming and for the gifts. James relaxed after everyone left, wondering if he would open and watch the episodes his dad got him.

"Happy Birthday, James", came a voice. James recognized who's voice that was. He turned a side and saw that who stood there was the girl of his dreams, Bloom. "I am the animated Winx girl", said Bloom. "You have to know that it's ok to have a crush on animated girls and if you stopped watching cartoons, you probably wouldn't feel human down inside". "But ever since childhood, I have been in love with an animated girl. It only occurs if I see her face or hear her voice", said James. "Have you ever been heart broken?" Bloom asked and James answered no. "Besides", said Bloom, "I have a boyfriend and his name is Brandon and someday, you might meet someone who is special". But James said, "Nobody can marry or date a cartoon girl". Then Bloom said to him, "I will give you one wish. Kiss me and it will be granted." James looked into Bloom's eyes and did as he pleased. He wished not to be in love with cartoon characters anymore. Bloom vanished into thin air.

James opened his eyes. It was dawn and he found himself still standing there. Was it a dream or was it for real? James used his HMV cards to buy the platinum edition of Disney's The Little Mermaid and Totally Spies! Season 4 to remind him of his first two love interests.

From that time on, the autistic man was no longer in love with Bloom, but he still thinks about her once in a while until the day he expired.

The End

IN OUR NEXT NEWSLETTER

IF YOU HAVE SOMETHING THAT YOU WOULD LIKE FOR US TO PUT IN OUR NEWSLETTER PLEASE
FEEL FREE TO SEND IT TO US OR EVEN AN IDEA YOU WOULD LIKE TO SEE INFORMATION ON

How to Contact Us

Mailing Address

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Email Address

info@cnaf.net

Website Address

www.cnaf.net

Charitable Organization

#867189243 RR0001

How You Can Help

As a charitable organization, the Canadian National Autism Foundation strives to raise funds to achieve our goals and it is with the support of generous organizations, companies and people that we are able to put together fundraising events such as those we have had in the past in order to raise the funding needed.

At this time we are looking for financial support, and this can come in various forms:

- Sponsorship of portions of our events
- Donations of prizes for our events
- Purchase of tickets to our events
- Financial contributions directly towards our goals (i.e. research)
- Hold an Autism Awareness Day at your establishment
- Casual Dress Days
- Payroll Deductions
- Host a Golf Tournament or Hockey Tournament
- Sponsor or run a Walk-a-thon
- And any other great ideas that you may have, big or small!



Ongoing Fundraisers

Do you buy books about Autism or any other topics online?
Buy them through the Amazon.ca link on our site, and the CNAF will
receive a percentage of your sale from Amazon.ca

Disclaimer

The Canadian National Autism Foundation (CNAF) does not support, endorse or recommend any method, treatment, product, program or person for people with autism spectrum disorders. The goal of our site and our responses to your questions is to provide accurate and up-to-date information about autism spectrum disorders. We believe everyone has the right to access all of the information available to them, allowing them to make their own individual choice.

