

# Canadian National Autism Foundation

# March 2023 Newsletter

#### **Foundation Goals**

The objectives of the Canadian National Autism Foundation are charitable. The Canadian National Autism Foundation has been formed to provide funding for:

- \* Educating the general public and professionals;
- \* Providing information and resources to families of children with autism:
- \* Providing funding for Canadian based research and development; and
- \* Promoting national autism awareness

## **Mission Statement**

The Canadian National Autism Foundation promotes the positive improvement and quality of life for people with autism in Canada

# **APRIL Autism** Acceptance/Awareness Month World Wide is Coming Up We at the Canadian National Autism Foundation are

ALL VOLUNTEERS. NO PAID STAFF.



The Foundation and the Stoney Creek BIA partnered in this event listed below. We are looking for volunteers that might wish to help with the Family Fun Day In **Downtown Stoney Creek for April 29** 

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#### WE AT THE CANADIAN NATIONAL AUTISM FOUNDATION

Would Like to Announce that our President & Founder Tina Fougere was a nominee for the YWCA Woman of Distinction Awards as well as a Nominee for Lifetime Achievement Award

2023 Women of Distinction Awards Nominees and

2023 Lifetime Achievement Nominee







#### **UPCOMING EVENTS**

CNAF in Partnership with Stoney Creek BIA presents Family
Fun Day in the Creek

If anyone wishes to purchase a spot at this event the price is only \$25.00.

We have special guests who you can interact with Angelo Mosca Jr,Jason Riley, Tiger Cat Alumni ,Leo Ezerins, Tiger Cat Alumni, CFLAA Executive Director,Peter Dyakowsk, Tiger Cat Alumni, Vice President Ryan Donnelly, Tiger Cat Alumni President. Mascots, FREE FOOD, rides,vendors,music and so much more.

If anyone also wishes to sponsor the event we have a sponsorship page or if you would like to donate stuff to give away to the people attending. Please let us know amd we will send you any of the paperwork. You can contact Tracy MacKinnon Executive Director Stoney Creek BIA

Email:biastoneycreek@gmail.com

**Tel:**289.965.9049

Website: downtownstoneycreek.ca

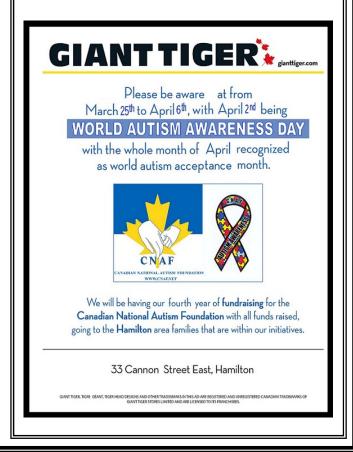
Facebook event page

https://www.facebook.com/events/89 5204235002620/?ref=newsfeed



Giant Tiger Fundraiser and Answering Autism Questions

Our foundation is once again partnering in with #GiantTiger Canon St for our 4th year doing this event. Volunteers needed. Saturday March 25 and April 1, from 11am to 4pm both days volunteers will be bagging items that people purchase like we have done all the previous years. We hope people on the spectrum, parents, students, family members will contact us to help us with this event. Great opportunity to educate people on autism that ask about as well as HOURS for students are also available. This event is from March 25-April 6th that Giant Tiger will be raising funds for our foundation.



### We Have These Two Support Groups. Contact Our Office To See If We Still Have Spots Left

"PARENT AUTISM SUPPORT GROUP"

"Our Canadian National Autism Foundation (CNAF) will be starting a Parent Support Group starting with 7 people, with 2 to facilitate the group." YOU MUST CONTACT THE FOUNDATION AT INFO@CNAF.NET OR CALL 905-930-8682 TO ATTEND. SPACE LIMITED. This is being held at our office at 39A King St East Downtown Stoney Creek by the Village Restaurant.

We moved this from starting in January to now February.

This will be the "2nd Wednesday of every month Starting February 8 from 7pm-8pm starting in our foundation office". We have the ability to run over time if needed. If you wish to be a part of this and cannot make it into the office we can set up other ways for you to be involved. Tina the President & Founder of CNAF and a mom of a loved one with ASD and Nancy Silva Khan who is a parent of loved ones on the ASD spectrum that will be facilitating discussions." Again Please contact the office at 905-930-8682 or info@cnaf.net if you are interested in being put on the list. Please no contacting through facebook





"AUTISM SUPPORT GROUP" For people with autism. One of our board Members with autism will be helping to host this as well.
"Our <u>Canadian National Autism Foundation</u> (<u>CNAF</u>) will be starting an Autism Support Group starting with 5 people, with another 2 to facilitate the group (7 in total)." YOU MUST CONTACT THE FOUNDATION AT INFO@CNAF.NET OR CALL 905-930-8682 TO ATTEND. SPACE LIMITED.This is being held at our office at 39A King St East Downtown Stoney Creek by the Village Restaurant. We moved this from starting in January to now February. This will be the "1st Wednesday of every month Starting February 1 from 7pm-8pm starting in our foundation office". We have the ability to run over time if needed. If you wish to be a part of this and cannot make it into the office we can set up other ways for you to be involved.

Tina the President & Founder of CNAF (or another parent) and also a

that the President & Founder of CNAF (or another parent) and also a Board Member who is himself on the ASD Spectrum Kyle Ukrainetz that will be facilitating discussions."

Again Please contact the office at 905-930-8682 or info@cnaf.net if you are interested in being put on the list. Please no contacting through facebook. For ages 16 and up

#### **OUR AUTISM RACE CAR NIGHTS AT THE RACE TRACKS THAT WE HAVE BOOKED SO FAR**

Petty Int'l Raceway (New Brunswick) May 20, 2023 Ohsweken Speedway (Ontario) June 16, 2023 Peterborough Speedway (Ontario) June 24, 2023 Oysterbed Speedway (PEI) July 22, 2023 Scotia Speedworld (Nova Scotia) August 4, 2023 Ohsweken Speedway (Ontario) August 25, 2023

# OUR FOUNDATIONS UPCOMING STRUTTING AUTISM ACCEPTANCE –FASHION SHOW FOR AUTISM

TICKETS ON SALE NOW-Limited Tickets as space is a factor with everything that will be going on that day.



## WE STILL HAVE OUR FUNDRAISER THAT IS GOING ON FOR SHOES/BOOTS

You can use this below online or use it from your cell phones when purchasing in store in lieu of a physical card if you prefer. When purchasing online at <a href="www.factoryshoe.ca">www.factoryshoe.ca</a> during the checkout process there's a spot to enter the sku and card number. You can redeem the below cards/pictures. Save them to your phone. Or you can pick up a physical one in our Stoney Creek Office.

For every footwear purchase over \$35.00 our Autism Foundation will receive \$5.00 from Factory Show Outlet which gets put into a bank account until this is over. Why not help by sharing with your friends and possibly purchasing yourself. If you do not have a card you can use the picture bar code below or use the one on our website at the bottom of the page.

#### Front of the card



#### **Back of the Card**

## www.FACTORYSHOE.ca

- · Card can be used at any Factory Shoe location
- · Shoe purchase must be minimum \$35 (before tax)
- Card must be presented at time of purchase
   Redeem Online: Enter 7-digit SKLL& Card#
- Redeem Online: Enter 7-digit SKU & Card# in fields provided.
- This card has no cash value

CARD EXPIRY WILL VARY. PLEASE SEE YOUR FUNDRAISING ADMINISTRATOR



# **How Can I Donate?**



You can make a donation to the Canadian National Autism Foundation by:

- 1. Make a secure online donation through PayPal.
- 2. Make a secure online donation through Canada Helps, Benevity or PayPal Giving Fund click on the picture. https://cnaf.net/charityinfo.html







- 3. Mailing a donation to account name Canadian National Autism Foundation, 39A King Street East, Stoney Creek, Ontario L8G 1J9 (Please do not send cash)
- 4. You can make a donation through email transfer to info@cnaf.net
- 5. Make a <u>Memorial Donation</u> by filling out the form and mailing the information to us. We will send a Sympathy Card to the designated person's family in recognition of your donation in their name.

# **How to Contact Us**

# Mailing Address

Canadian National Autism Foundation 38 King Street East, P.O. Box 66512 Stoney Creek, Ontario L8G 5E5

**Phone Number** 905-930--8682

**Fax Number** 905-930-9744

Email Address info@cnaf.net

Website Address www.cnaf.net

Charitable Organization #867189243 RR0001

# **How You Can Help**

As a charitable organization, the Canadian National Autism Foundation strives to raise funds to achieve our goals and it is with the support of generous organizations, companies and people that we are able to put together fundraising events such as those we have had in the past in order to raise the funding needed.

At this time we are looking for financial support, and this can come in various forms:

- Sponsorship of portions of our events
- Purchase our foundation items online on our website or come to our office gift shop and purchase something
- Donations of prizes for our events
- Purchase of tickets to our events
- Financial contributions directly towards our goals (i.e. research)
- Hold an Autism Day at your establishment
- Casual Dress Days
- Payroll Deductions
- Host a Golf Tournament or Hockey Tournament
- Sponsor or run a Walk-a-thon
- And any other great ideas that you may have, big or small!

Mailing Address: Canadian National Autism Foundation 39A King Street East,
Stoney Creek, Ontario L8G 1J9
Tel: 905-930-8682 Fax: 905-930- 9744

#### Disclaimer

The Canadian National Autism Foundation (CNAF) does not support, endorse or recommend any method, treatment, product, program or person for people with autism spectrum disorders. The goal of our site and our responses to your questions is to provide accurate and up-to-date information about autism spectrum disorders. We believe everyone has the right to access all of the information available to them, allowing them to make their own individual choice.